

## Consumer-Provider Collaboration for Systems Change (in committees, meetings, planning processes)

DESCRIBE YOUR PERSONAL EXPERIENCE IN THIS GROUP, TODAY, BY MAKING AN X IN A BOX OR ON THE LINE BETWEEN BOXES

Name of Group: \_\_\_\_\_

Date \_\_\_\_\_

DOMAIN	Old Ways	First Steps	Making Headway	Picking up Speed	Strong Momentum
<b>Respect and Diversity</b>	I see people dealing with each other only as labels and roles (client, mental patient, therapist, doctor). I sometimes feel devalued, demeaned, disregarded.	I am beginning to see others beyond the labels – to recognize and tolerate different kinds of experience and expertise.	I make a conscious effort to respectfully ask questions of others. I have seen the group openly discuss labels and roles.	I see people sharing smiles, humor, and empathy, listening, understanding, and equally valuing each other regardless of each person’s status and position. Information and opinions are freely shared.	I see people recognizing and sharing common life experiences, values, and common purpose. Our contributions are much less confined by formal roles.
<b>Structure for participation</b>	I observe that the discussion is dominated by a few people – everyone doesn’t seem to have the opportunity or feel safe to speak.	There is a structure to support everyone speaking and listening.	Most people in the group speak and are heard.	I feel that our dialogue is creative and includes everyone.	I observe that meetings are lively and members seem to be able to share what they are thinking – I feel that it’s ok to look ‘dumb’ and to disagree.
<b>Trust</b>	I think that others’ intents are self-serving. I am afraid to say what I think.	I’m observing and assessing the safety of the group – such as people’s attitudes, non-verbal communication, whether I have peers here.	I’m experiencing dialogue in which I have the opportunity to hear the views of others. I don’t think the group punishes people who express contrary opinions.	I mostly trust the good intentions and motives of others in the group. I am coming to believe in the value of what we can learn from each other.	I realize that the best resolutions require everyone’s contribution/expertise.

Please show how well you think this group is succeeding, using the 10 point scale below. **CIRCLE ONE NUMBER**

Nothing ever seems to change. System is driven by rules and money; not responsive to consumer needs.

\_\_\_\_\_

1      2      3      4      5      6      7      8      9      10

We are achieving meaningful change to help improve people’s lives.

*Shared with Permission of the the Mid-Valley Behavioral Care Network*