

Health Topics We Can Provide to Your Organization for Free

**Aligning Forces
for Quality**

Improving Health & Health Care in
Communities Across Humboldt County

An initiative of the Community Health Alliance and the Robert Wood Johnson Foundation.

Take Charge!!

with the

Diabetes Health Record



TAKE CHARGE!!

Explanation of monitoring tools for people with diabetes using the *Diabetes Health Record*.

Developed by:

- Diabetes Coalition of California
- California Diabetes Control Program
- American Diabetes Association
- Juvenile Diabetes Research Foundation

BREAKING THE CYCLE

Learn methods that many people have found to be successful for managing their health conditions - arthritis, diabetes, heart disease, hypertension, lung disease, multiple sclerosis and others.

Developed by:

- Stanford University School of Medicine's Patient Education Research Center



PATIENT EMPOWERMENT

How to build successful partnerships for patients and healthcare teams.

Developed by:

- National Partnership for Women and Families/Americans for Quality Healthcare

**Each topic is one hour; availability is limited.
To arrange a presentation, contact:**

**COMMUNITY
HEALTH ALLIANCE**
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